

**Beatitudes**  
**What The Bible Teaches About Being Blessed**

**THIS IS WHAT IT MEANS TO BE BLESSED**

Text: Genesis 5:1-2

Introduction:

1. When God created man, He blessed them in every way – physically and spiritually.
2. Though man sinned, God provided instruction and motivation so man could become again one of the blessed.
3. In order to do this, it is necessary for one to understand what it means to be blessed.
4. That has been the focus of this study of the Beatitudes...

**I. Beautiful Bible Beatitudes**

- A. The word “blessed” had to do with bending the knees in humility before and in honor of God.
- B. Biblically, the word refers to those whose sufficiency comes from God and not from the circumstances of life.
- C. The promise to Abraham emphasizes the true nature of God’s blessedness – a spiritual state of salvation provided by the Messiah, Jesus the Christ.
- D. The first Psalm gives an overview of the blessed man, one who delights in the law of God and, therefore, does not follow the wisdom of the world.
- E. The “Seedline Beatitudes” describe the character traits needed to wait patiently for the Messiah and to recognize and receive Him when He comes.
- F. The “Transitional Beatitudes” show how to shift from following the Law of Moses to becoming a follower of Jesus.
- G. The “Kingdom Beatitudes” demonstrate the way to think and live as a disciple of Christ, hoping for an eternal home in Heaven.

**II. Bountiful Biblical Blessings**

- A. When one embraces and practices the Beatitudes, he will find himself abundantly blessed in this life.
  1. With material necessities (Matthew 6:33)
  2. With genuine relationships (Mark 10:28-30)
  3. With abundant life (John 10:10; 1 Timothy 4:8)
  4. With true perspective (1 Corinthians 3:21-23)
- B. Yet far greater than physical blessings, he will find himself bountifully blessed spiritually.
  1. With forgiveness of sins (Romans 4:6-8)
  2. With fellowship with God (1 John 1:7)
  3. With family in Christ (1 Corinthians 12:12)
  4. With a future in Heaven (Revelation 14:13)
- C. These blessings provide the sufficiency and stability one needs to endure the trials of life with faith, meekness, and grace.

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- III. **Bold Biblical Balance**
- A. The Blessed sacrifice with sincerity (Genesis 22:8).
  - B. The Blessed forgive in faith (Genesis 50:19-21).
  - C. The Blessed trust in trial (Job 13:15).
  - D. The Blessed follow without fear (Psalm 23:4).
  - E. The Blessed persevere in peril (Daniel 3:16-18).
  - F. The Blessed preach with power (Acts 5:29-32).
  - G. The Blessed stand in security (Romans 8:38-39).
  - H. The Blessed continue with contentment (Philippians 4:11-13).
  - I. The Blessed overcome with obedience (Revelation 2:10; 12:11).

**Conclusion:**

- 1. To find one's sufficiency in God...
- 2. To find one's peace in Jesus...
- 3. To find one's help in the Holy Spirit...
- 4. This is what it means to be blessed!