

Beatitudes
What The Bible Teaches About Being Blessed

THE BLESSED MAN

Text: Psalm 1

Introduction:

1. “Where the word *blessed* is hung out as a sign, we may be sure that we shall find a godly man within.” - *Sir Richard Baker*
2. Biblically, the word “blessed” refers to those whose sufficiency comes from God and not from the circumstances of life.
3. The “blessed” are those who inherit the promise made to Abraham by conforming to God’s Will and being added to the body of Christ.
4. “The psalmist saith more to the point about true happiness in this short Psalm than any one of the philosophers; or all of them put together; they did but beat the bush, God hath here put the bird into our hand.” - *John Trapp, 1660*

I. The Blessed Man Is Stalwart

- A. Stalwart – “*Marked by outstanding strength and vigor of body, mind, or spirit; unwavering.*”
- B. He avoids following the “counsel of the ungodly.”
 1. Counsel – “*Advice, opinion, purpose.*”
 2. Ungodly – “*Wicked, in a general sense.*”
 3. He follows God’s wisdom instead of man’s wisdom.
 - a. Genesis 3:4-6
 - b. Psalm 33:10-11; Jeremiah 7:24
 - c. Isaiah 30:1; 1 Corinthians 2:6-13
- C. He does not participate in fellowship with sinners.
 1. Way – “*Course, path, road.*”
 2. He does not walk the path of sin.
 3. Nor does he walk along with sinners.
 - a. 1 Corinthians 15:33; James 4:4; 2 Corinthians 6:17
 - b. Instead, his fellowship is with the blessed (1 John 1:3, 7).
- D. He does not keep company with those who scoff at the sacred.
 1. Scornful – “*Scoffer, one who ridicules or blasphemes.*”
 2. The scoffer speaks reproachfully of God’s Truth.
 - a. This illustrates the digression of sin – to hatred.
 - b. Think of today’s “Hollywood” culture...
 3. The blessed man avoids association with scoffers.
 - a. Proverbs 19:29; Isaiah 29:20
 - b. Proverbs 9:7-8; 15:12
- E. Thus, the blessed man is steadfast in his separation from sin and sinners and in his faithful fellowship with God and the godly.

II. The Blessed Man Is Studious

- A. He delights in God’s Law.
 1. Delight – “*Desire, longing, pleasure.*”
 2. He finds great joy and satisfaction in the study of God’s Word.

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- a. Psalm 40:8
 - b. Job 23:12; Matthew 5:6
 - B. He meditates on God's Law.
 - 1. Meditate – "*Ponder, consider, think on.*"
 - 2. He constantly considers the depths of the Truth of God.
 - a. Joshua 1:8; Proverbs 15:28
 - b. Psalm 46:10
 - c. "Meditation is to the soul what 'digestion' is to the body."
– Wiersbe
 - C. Thus, the blessed man finds joy in hearing, reading, and studying God's Will.
- III. The Blessed Man Is Stable
- A. He is as stable as a planted tree.
 - 1. This is not a tree growing wild, but one that has been planted in a cultivated place that is ideal for its growth and health.
 - 2. There is abundant water and soil so that its roots may run deep and drink deeper.
 - 3. He has a stable foundation (cf. Matthew 7:24-27)
 - B. He is steadfast in his fruitfulness.
 - 1. He brings forth fruit!
 - a. Fruit of the Spirit (Galatians 5:22-23; 2 Peter 1:5-8)
 - b. Fruit of converts (John 15:1-8).
 - 2. He does not wither!
 - a. The abundant life (John 10:10).
 - b. The eternal life (2 Peter 1:11).
 - 3. He prospers!
 - C. Thus, the blessed man is steady in his relationship with and work for God.

Conclusion:

- 1. The person who depends upon God for true joy and who will enter into the kingdom of Christ is the person who fits the description of the "blessed."
- 2. The blessed man is stalwart, studious, and stable.
- 3. "The ungodly are not so." "The ungodly shall not stand." "The ungodly shall perish."
- 4. Which kind of person are you? Ungodly or Blessed?