

# YEAR OF GROWTH

## MEEKNESS

### WEEK 3

### EXAMPLES

#### New Testament:

#### Day One – Sunday

Reflect on the definitions of the words that God used to describe meekness. Think back over the previous lessons. Read again the passages that you have written. Recall the verses you have memorized. Focus on the meaning of meekness and prepare to explore important Bible examples.

#### Day Two – Monday

##### Matthew 11:28-30

Jesus described Himself as being “meek and lowly in heart.” Like Moses, the life of Jesus in no way demonstrated weakness. The Lord stood firmly for Truth and strongly against evil – without compromise in any way. Yet, He was kind, compassionate, and filled with love, mercy, and grace. He would boldly condemn evil, yet gently reach out to the lost. Meekness is a kindness built upon strength and empowered by submission to God.

#### Day Three – Tuesday

##### Matthew 21:1-5

Jesus demonstrated meekness at His triumphal entry into Jerusalem. Though He was (and is) King of kings and Lord of lords, He rode into town upon a colt, the foal of a donkey. He did not need pomp and ceremony to manifest His royalty. Humbly He submitted Himself to the will and word of God. This only foreshadowed the true meekness of Jesus. He proved Himself to be meek when He allowed His own creation to nail Him to the cross. What strength mixed with gentle submission!

Day Four – Wednesday**1 Corinthians 4:14-21**

Paul was another great example of meekness. The church at Corinth was not living and behaving as children of God should. Yet, Paul wrote to them with gentleness and kindness, seeking their repentance. He taught the truth boldly and called out their sins. He even threatened to come unto them with a rod – the rod of apostolic discipline. However, he wanted to visit them with love and meekness.

Day Five – Thursday**Galatians 6:1-3**

To restore an erring brother to fellowship requires great strength of character and the power of conviction. In fact, Paul wrote that those who are “spiritual” should be the ones to try to help a brother overtaken in a fault. This word has a connection to those who were endowed with miraculous spiritual gifts. Of course, it also refers to those who are led by and bear the fruit of the Spirit. Yet, the strength used in restoring a lost brother must be demonstrated in meekness – kindness, love, and compassion. We must never forget that we, too, could find ourselves in the same situation.

Day Six – Friday**2 Timothy 2:23-26**

Preachers and teachers must possess the quality of meekness. To teach the Truth, one must first know it and love it. His goal is not to strive – that is, to simply win an argument or silence an opponent. Rather, with patience and gentleness he tries to help others see the error of their ways and the danger to their souls. The goal is salvation of a soul and glory to God.

Day Seven – Saturday**1 Peter 3:13-17**

Likewise, every Christian is to be able to teach and to defend the Truth. We are to be ready to give a defense for what we believe. We are to be able to explain why we live with hope – even in the midst of persecution and false accusations. We must teach the truth with meekness – even to our enemies! When we would like to retaliate, we must speak with kindness. When we would like to accuse, we must speak with gentleness. With strength we speak the Truth, but with love we win souls.