

YEAR OF GROWTH

MEEKNESS

WEEK 2

EXAMPLES

Old Testament:

Day One – Sunday

Reflect on the definitions of the words that God used to describe meekness. Think back over the previous lessons. Read again the passages that you have written. Recall the verses you have memorized. Focus on the meaning of meekness and prepare to explore important Bible examples.

Day Two – Monday

Numbers 12:1-4

Moses is described as the meekest man upon the face of the Earth in his time. Clearly, this word does not refer to weakness, for Moses was a man of strong faith and moral conviction. His meekness is a reference to his submission to God despite the accusations and attacks he had to endure. In this context, God Himself defended Moses and punished those who spoke against him – even his own siblings.

Day Three – Tuesday

Psalm 37:1-11

“The meek shall inherit the earth.” Inheriting the earth had to do with God’s promise to Israel of occupying the land of Canaan. To do this, one needed to trust in God, delight in the Lord, commit his life to God, rest in Him, and wait patiently for Him. This is a description of the meek! Only the meek will receive and enjoy the promises of God.

Day Four – Wednesday

Psalm 45:1-7

Verses 6 and 7 of this passage are quoted in Hebrews 1:8 and applied to Jesus. Thus, this is a prophetic passage about the righteous and prosperous reign of the Messiah. The central tenets of the Lord’s kingdom are truth, meekness, and righteousness. “In your majesty ride out victoriously

for the cause of truth and meekness and righteousness” (vs. 4 – ESV). Jesus both demonstrated and fought for the cause of meekness – total submission to God with absolute conviction!

Day Five – Thursday

Isaiah 11:1-5

In another prophecy of Jesus and His kingdom the characteristic of meekness is revealed to be key. The meek suffer hardships and even persecution. Yet, they maintain a joyful disposition because they recognize both the righteousness and spiritual blessing of God. In the Lord’s kingdom – the church – they find vindication. God is faithful to His Word and will reward those faithful to Him.

Day Six – Friday

Isaiah 61:1-3

This passage was read by Jesus and applied directly to Himself (Luke 4:18-21). Thus, it was prophesied that the Gospel (“good tidings”) would be preached to the meek. Obviously, the Gospel was to be preached to all men. However, only the meek would accept and obey it. Therefore, the meek would receive the promised blessings of God. Again, in the church, the meek find vindication for their joyful endurance.

Day Seven – Saturday

Amos 2:6-8

Even though they are often greatly oppressed, the meek remain faithful to God. Those who coveted wealth and land would use every means of corruption and dishonesty to take from those who were poor and powerless. Yet, in spite of these injustices, the oppressed remained true to God. They understood that God would punish the wicked. They were condemned by the Lord and would receive justice.