

YEAR OF GROWTH

KINDNESS WEEK 2

EXAMPLES

Old Testament:

There are many examples of men and women of kindness in the Old Testament. However, God is the greatest example of kindness one can know. We will focus on several instances that help us to understand the nature and action of brotherly kindness.

Day One – Sunday

Reflect on the definitions of the words that God used to describe kindness. Think back over the previous lessons. Read again the passages that you have written. Recall the verses you have memorized. Focus on the meaning of kindness and prepare to explore important Bible examples.

Day Two – Monday

Psalm 31:19-24

David faced many situations where he needed the help and protection of God. Though he could have been fearful, David placed his trust in the Lord. In return, God showed him “marvelous kindness.” This phrase refers to God’s wonderful mercy and steadfast love. This was seen when God heard David’s prayers and both preserved and rewarded him.

Day Three – Tuesday

Psalm 36:5-10

God is a God of mercy, faithfulness, righteousness, and loving-kindness! Men can feel confident when they put their trust in Him. They will find blessings of life and light.

Day Four – Wednesday

Psalm 51:1-12

It is easy to see why God was kind to David when he lived in obedience to God’s will. However, God’s kindness was shown even when David was a sinner. After committing adultery and murder, David turned to the Lord for forgiveness. The basis of his plea was the mercy and loving-kindness of God! The Lord forgives even though we do not deserve it – because He loves us and is kind.

Day Five – Thursday**2 Samuel 9:1-13**

The kindness of God taught David to be kind to others. David had made a promise to show “the kindness of the Lord” to the family of his friend Jonathan (1 Samuel 20:14-15). After Jonathan’s death, David took care of his lame son, Mephibosheth. David restored his land and provided him with food from the King’s table for the rest of his life. God’s kindness makes kind people.

Day Six – Friday**Isaiah 54:7-10**

The nation of Israel sinned terribly, rejected God, and worshipped idols. As a result, God allowed them to be taken captive by their enemies Assyria and Babylon. Yet, He promised that His wrath would not last forever. God was willing to forgive and show kindness to His people again. He would restore them to the land of Canaan in peace.

Day Seven – Saturday**Ruth 2:13-20**

One of the most beautiful demonstrations of kindness in the Bible is that which was showed to Ruth by Boaz. Because of his good heart and his respect for her, Boaz provided for the needs of Ruth and her mother-in-law. He allowed her to eat with his servants. He allowed her to gather from his own sheaves, even commanding his workers to drop extra grain that she could collect. Ultimately, as they showed kindness to one another, they became husband and wife (3:10-11).