

How to Overcome Temptation

Text: 1 Corinthians 10:11-13; James 1:13-16

I. RECOGNIZE

- A. Temptation does not come from God (James 1:13, 17).
- B. Temptation is not something special (1 Cor. 10:13).
 - 1. "Common to man..."
 - 2. "Able to bear it..."

II. RESIST

- A. Stop temptation in the mind (James 1:14-16).
- B. Draw close to God (James 4:7-10).
 - 1. Prayer.
 - 2. Study.
 - 3. Fellowship.

III. RUN

- A. Flee sin and temptation (1 Tim. 6:11; cf. Gen. 39:7-12).
- B. God provides a way of escape (1 Cor. 10:13).
 - 1. May not be easy or desirable...
 - 2. But, sometimes it is necessary to run!

IV. REPLACE

- A. The new must replace the old (Eph. 4:22-24).
- B. The good must replace the bad (Matt. 12:43-45).
- C. It is not enough not to sin; we must also be actively doing good.

Conclusion: *Compare the temptation of Jesus with the temptation of Adam and Eve (Matthew 4:1-11; Genesis 3:1-6).*