

"I have remembered thy name, O LORD, in the night, and have kept thy law."

Psalm 119:55

A YEAR OF MEMORIZATION

WEEK 19

"Then said Jesus unto his disciples, If any man will come after me, let him deny himself, and take up his cross, and follow me."

Matthew 16:24

DAY ONE - MONDAY

READ AND UNDERSTAND THE PASSAGE

Author: Matthew

Speaker: Jesus

Audience: The disciples

Importance: Jesus explained to His disciples what it really meant to be a disciple – what it meant to follow Him. It required a desire to follow Him – “if any man will.” It required self-denial – placing the Lord’s will above one’s own. It required a willingness to sacrifice – even one’s own life. It required faithfulness – a continual following of Jesus.

These things are still required today to be a disciple of Jesus. We need to know this verse. We need to understand this verse. We need to live this verse. And, we need to teach this verse.

DAY TWO - TUESDAY

READING AND WRITING

Read the passage out loud 10 times. Include the book, chapter, and verse. Each time, place emphasis upon a different word. Notice the rhythm and flow of the passage. Consider the phrases that make it up and where there are natural divisions in the text.

Write the passage down at least once. You may want to write it more times. You also may want to write it on an index card that can be carried with you and looked during the day. When you have a moment, take it out and read over the verse again. It is helpful to write the verse out by phrases, rather than all as one verse.

DAY THREE - WEDNESDAY

LEARNING BY PHRASES

Then said Jesus unto His disciples
If any man will come after me
let him deny himself
and take up his cross
and follow me

Matthew 16:24

Read the first phrase 10 times. Cover the text and recite this phrase. If you are correct, move to the second phrase and do the same. (If not, repeat the first phrase until you remember it.)

"I have remembered thy name, O LORD, in the night, and have kept thy law."

Psalm 119:55

After learning the second phrase, join it with the first phrase and say them together. Continue this process until each phrase of the passage has been learned. If you do not learn the entire verse in one session, you will continue on the next day.

DAY FOUR - THURSDAY

REPETITION, REPETITION, REPETITION

Review what you learned the previous day. Recite the memorized parts. If they are correct, move on to the next phrase of the verse. If you have learned the entire verse, recite it out loud at least 10 times. Make sure you learn and state the book, chapter, and verse.

DAY FIVE - FRIDAY

REPETITION AGAIN

Review and recite the parts of the passage you have learned. Add to them any phrases that remain. Recite the verse out loud several times. Now, write it down from memory several times. Include book, chapter, and verse. Check your work with the Bible.

DAY SIX - SATURDAY

REPETITION AND MEDITATION

Quote the verse you have learned several times. Pause to think deeply about the meaning of this passage. Remember the things studied on Day One. Ponder again the application of this verse to your life. End this session by quoting the verse again several times.

DAY SEVEN - SUNDAY

MEDITATION

What is the meaning of Matthew 16:24?

What does this verse teach about being a disciple of Jesus?

What does it mean to deny one's self?

What does it mean to take up the cross?

What does it mean to follow Jesus?

How does this passage apply to my life?

How may I use this passage in teaching others?

From what error can this passage prevent me being deceived?